

# FREE BLOOD PRESSURE CLINIC



## Date

The 3rd Thursday of  
Every Month

## Time

12:00pm - 1:00pm

## Location

Old Tappan Firehouse  
231 Old Tappan Road  
Old Tappan, NJ 07675

ARE YOU SUFFERING FROM  
**HIGH BLOOD PRESSURE?**



## Services Provided

Blood pressure  
Review of medications  
Patient teaching on  
medications, diet, etc.  
Referrals as needed  
Basic health screenings

## For More Information, Please Contact

Northwest Bergen Regional Health Commission  
20 West Prospect Street \* Waldwick, NJ 07463  
Phone: (201) 445-7217 \* Fax: (201) 445-4001

Website: [www.nwbrhc.org](http://www.nwbrhc.org)

Facebook: [www.facebook.com/NWBRHC](http://www.facebook.com/NWBRHC)



*NorthWest Bergen*  
Regional Health Commission

*Good Public Health Grows a Stronger Community*